

## **Hunting For Arizona Vegetables and Fruits**

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**APPLES** 

**CARROTS** 

EAT WELL BE WELL **CHERRIES** 

**FRUITS GRAPEFRUIT** 

KALE

**LEMONS** 

**ORANGES** 

NUTRITIOUS **TOMATOES** 

**VEGETABLES** 

**CAULIFLOWER** 

**EGGPLANT** 

**GROWN IN ARIZONA** 

LETTUCE

**SPINACH** 

For healthy vegetable and fruit tips and games, visit: **EatWellBeWell.org** 







