

A clear call for healthy snacks at school.

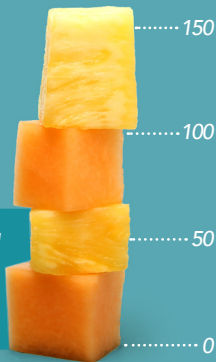
PARENTS WANT THEM.
KIDS AND SCHOOLS BENEFIT.

Schools that offer healthier snacks can help students

CONSUME FEWER CALORIES

After California set strong standards for school snacks high school students consumed

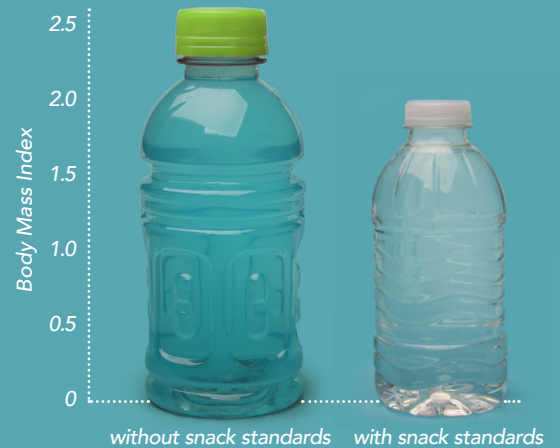
158 fewer calories/day.[†]



If kids across the U.S. eliminated 64 excess calories per day, we would achieve federal goals for reducing obesity rates by 2020.

AND REDUCE UNHEALTHY WEIGHT GAIN

In states with strong standards for school snacks, students gained less weight[†] between 5th and 8th grade, and students who were overweight or obese in 5th grade were less likely to be so by 8th grade.



Parents are on board



72%

of parents^{††} nationwide support healthy standards for school snacks

Schools win with healthy snacks

MEAL PARTICIPATION RISES

Student participation in school meal programs increased on average by

2.6 

SCHOOL REVENUE INCREASES^{†††}

Total food service revenue increased on average by

4 

Learn more at www.rwjf.org/healthyschoolenvironments

#CultureofHealth