

# What Does It Look Like?

Hold up the images and ask them to identify each whole grain. Keep playing until they have them memorized. Some will be easy to identify, others will be more challenging.



1.



2.



3.



4.



5.



6.



7.



8.



9.

KEY: 1. barley 2. wild rice 3. popcorn 4. pasta 5. crackers 6. buckwheat 7. rye grain 8. tortillas 9. wheat grain



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10.



11.



12.



13.



14.



15.



16.



17.



18.

KEY: 10. bagels 11. oats 12. brown rice 13. bulgur 14. bread 15. oat grain 16. pita bread 17. cereal 18. millet