

## AzHZ Food Systems Sub-Committee Notes 12/13/17

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### Agenda

1. Roll Call
2. AzHZ Updates
  - a. **SIT (State Implementation Team)**
    - i. AZ Health Zone Annual Conference
      - April 4-5, 2018: general session
      - April 3, 2018: Preconference Workshops
      - Location is Tucson, AZ; venue TBD



- **New!** Look out for Request for Proposals in Jan/Feb for LIA staff to submit if you want to present or facilitate sessions or roundtables. You can also invite community partners you work with to co-present, or lead their own session.
- ii. FAQs about Food Systems Resources
  - Eat in Season flyers  
Printing: State Team is not planning to print in FY18  
Availability: Available in full at AZHealthZone.org, Food Systems resources
  - Fresh Pick toolkit for farmers market outreach  
Printing: State Team is not planning to print in FY18  
Availability: Fall & Winter materials ready. Still working on other items.
  - Healthy Starts Here toolkit for food stores  
Printing: State Team is not planning to print in FY18  
Availability: Available in full at AZHealthZone.org, Food Systems resources
  - Arizona Grown MyPlate  
Status: recipes and photoshoot complete, material design pending
  - Bulk pricing
    - a. 1 quote for all agencies that are interested. Better discount per piece instead of each LIA ordering separately
    - b. LIA's will need to order together. We're working on an order form and timeline so this is better organized.

**b. SET (State Evaluation Team)**

- i. Laurel will provide overview of Garden Champions Special Eval. Project in January call

**c. Policy & Happenings (I heard...)**

- i. Federal
  - Continuing Resolution- bill was passed last week to fund government work through Dec 22<sup>nd</sup>. This resolution funds certain gov programs like WIC, and CHIP for Medicare/Medicaid. Another resolution should be passed in Jan next year, but it's something to look into to avoid a "gov shut down".
  - Tax Plan- Meeting on Wed to negotiate bills. Concern from public health groups are that the tax plan will heavily tax low/mid-income families.
  - Farm Bill- Includes SNAP and is up for reauthorization in 2018. Concerns are whether or not there will be cuts, or how states will be granted flexibility. Update on [Arizona](#) can be found in that link. More information on resolution will be shared once we have it.
  - Are you interested in staying in the loop?? Some good resources are [Food Research Action Center](#) (FRAC) and [POLITICO's Morning Agriculture Report](#)

- SNAP Community Characteristics for Arizona by congressional District <https://www.fns.usda.gov/snap-community-characteristics-arizona>
- ii. State
  - Arizona Food Systems Network: Organized by Pinnacle Prevention and Vitalyst Health.
    - a. Upcoming bill in AZ State Legislature - \$1 million for Double Up AZ-Grown F&V Incentive
      - i. Diversifies where incentive money comes from. Mainly comes from FINI grant, which is funded from Farm Bill.
    - b. RSVP for December 21<sup>st</sup> Virtual Meeting
      - i. [Meeting Info](#)
      - ii. [Link to RSVP](#)
  - Arizona Association of Food Banks
    - a. Upcoming bill in AZ State Legislature - \$1 million for food bank infrastructure
      - i. For example, more refrigeration for rural food banks
    - b. RSVP for Policy Update calls starting in January
      - i. Meeting Info: TBD, but previously held every during AZ legislative session every other Friday from 2-2:30pm
      - ii. [Link to RSVP](#)
- iii. Internal
  - Brandon Hernandez leaving current position at Tempe Kid Zone, he is transitioning to another TKZ position but will no longer be with SNAP-Ed/AZ Health Zone. No longer funded through AzHZ so he's no longer in our calls. Good Luck Brandon!!

### 3. Survey Monkey Discussion Topics (<https://www.surveymonkey.com/r/Fscommittee>)

No submissions in Survey Monkey this month (please use this as a resource). We continued garden discussion from UA In-Service:

- a. Evaluation
  - i. Indicators tracked/collected through SEEDS & SARNs
    - Evaluations that LIAs are required to conduct
    - Baseline numbers, evals on change, and long-lasting change/sustaining programs
    - Optional Certification- food safety for produce used in school cafeteria
  - ii. Blog post from SET on ideas for internal evaluations: <https://nutritioneval.arizona.edu/evaluating-gardens-part-1>
- b. Participation in summer months
  - i. Some ideas so far...
    - Continuity plans for staff or season changes. Working closely with school staff and admin.
    - Integrate garden with extracurricular activities or working with partnering organizations

- Cover crops to help soil and protect from heat
  - Native seeds that do well with Arizona climate
  - Master Gardeners or other volunteers
- ii. Continue talking to one another. This can be a place for that, but feel free to contact one another. Everyone’s email is in the roll call.

c. Curricula to use with gardens (NOT a comprehensive list of AZ Health Zone approved curriculum but just those that have a gardening component)

Curriculum Name	Audience	Required Lessons	Time
CATCH ECE	Pre-K	10	20 min
Eat Play Grow	Pre-K	11	70 min
Grow It, Try It, Like It	Pre-K	5	15-30 min
Botany on Your Plate	Grades K-4	6	30-60 min
Growing Healthy Habits	Grades K-5	27	25-50 min
Grow, Eat, Thrive	Grades K-5	8 or 9	45 min
Learn, Grow, Eat, & Go!	Grades 2-5	20	30-45 min
The Great Garden Detective	Grades 3-4	11	90-100 min
JMG Level 1	Grades 3-5	Single	30-45 min
Nutrition to Grow On	Grades 3-5	Single	90 min
Dig In!	Grades 4-5	10	30-60 min
JMG Level 2	Grades 6-8	Single	30-45 min

\*\*\* You can use any approved curriculum to support garden PSE work! \*\*\*

d. Questions:

- i. What **DE** are people doing or planning on doing with gardens?
- Coconino- Cooking matters for Kids & Chefs
  - Maricopa- Jr Master gardener number 1
    - a. Not fully implemented yet, still on the planning phase and doing a TTT model to teachers. Hand picking a group of teachers that have strong garden programs to pilot
    - b. Great for a start to finish program. Helps a beginner teacher to walk through starting a garden program
  - Jesse- check out the new curriculums!!
    - a. Grow Eat Thrive
    - b. Botany on your Plate
    - c. Learn, Grow, eat, Grow! From Jr. Master gardener
  - Laurel- let Laurel know if there are items from your gardens you would like to have evaluated.
  - Yavapai- wanting to track how the garden facility being used by the rest of staff since garden club has been installed? Students are using the garden as cool-down time, teachers are using to enhance their curriculum, but we want to measure it over the semester/year.
    - a. Could conduct interviews with people with a working knowledge of the school garden. Find more about experiences, what academic curriculum is being used the garden, who all is using it and for what.

- ii. What are **materials** that are well received and is there a gap in materials available?
- iii. What are some of the "**continuity plans** for when staff changes, seasons change"? How have they worked in the past?
- iv. What are **other organizations** are we working with which supports the gardens (Master Gardeners, PTA, Non-Profit, etc.)?
- e. Open floor
  - i. Laurel- We do not have quantitative evaluations for every activity. This is because gardening is a well-established program throughout AZ, unlike a new program (like SFSP or Healthy Retail) where different counties differ on implementation, and we have to have a better understanding how they look like in each community.
    - Eval team values SARN because of the massive amount of information received on what is being achieved, what are the challenges, and overall feedback. A lot of evaluation is qualitative so eval team gets better context.
    - Identifying champions, finding sustainability support, and more community level work to implement garden improvement and enhancements.
    - If these tools are not meeting your evaluation needs, Laurel would like to hear more about it. Reach out to her.

#### 4. LIA Check-in- Maricopa County Cooperative Extension

- a. UANN School Garden Planning Checklist:
  - i. Going over readiness
  - ii. Developing ways to make gardens more sustainable
  - iii. Help narrow focus on schools that are ready, and provide next steps that aren't but can improve
  - iv. Checking for baseline services
- b. School garden agreement
  - i. Partnership with schools, instead of just being a "resource for stuff"
  - ii. Requirements/Expectations
  - iii. Other resources available, e.g. workshops, scholarships, information
- c. Training DE team on how to fit FM promotion into classes
  - i. Using Farmers Market 101 from Pima county to add class for Seniors and parents during school parent night or wellness nights. Natalia will share file through google drive if anyone is interested (file is too big to share via email)
  - ii. Reach out to Paula if you have any ideas!! [pskillicorn@email.arizona.edu](mailto:pskillicorn@email.arizona.edu)
- d. Who's next?
  - i. Crickets! We will be looking for someone via email.
  - ii. Remember, it's only 10 minutes (max) open floor to ask questions, share what you're doing, or put an idea out into the universe.

Next call: (January 10<sup>th</sup>, 2018 10-11am)