

# PRE-CONFERENCE SPEAKER BIOS



**Cristina Guterman** is the administrator of the AZ Health Zone program at the Arizona Department of Health Services. Cristina leads a team of passionate individuals in operations, community impact, and policy, systems, and environmental change. She has 14 years of experience in public health, nine years as a local implementing agency with the University of Arizona Cooperative Extension. She has been in her position at ADHS since April 2018. She sees change as a door to possibilities unexplored. She spends any free time she has with her partner, 5-year-old, and close friends hiking and enjoying the outdoors.

**Theresa LeGros'** philosophical approach to science is rooted in some of the ideas percolating in physics: we can't really define (or "know") something without understanding how it interacts with all the other somethings. In SNAP-Ed evaluation, this translates to: When you want to know if, how, or why people, organizations, and communities change, you need to explore how they interact. Theresa's academic experiences include researching primate ecology and conservation in Madagascar as an undergraduate and currently pursuing a PhD in Public Health with a dissertation centered around school district reopening plans in response to COVID-19.



**Elizabeth Holmes** joined the AZ Health Zone team after over 20 years as both an educator and a public health professional working in schools. She now supports LIAs in all corners of the state with implementing the school health and youth-serving activities that strengthen our schools' ability to support the health of their students. She is also a founding member of the AZ School Health and Wellness Coalition with an eye on equitable outcomes for all Arizona's children.

**Adrienne Z. Udarbe, MS, RDN**, is the Executive Director of Pinnacle Prevention, an Arizona-based nonprofit, where she leads innovative efforts in food systems, active living, health policy, advocacy, and research. In this current role, Pinnacle Prevention has implemented the first statewide trauma-sensitive nutrition systems initiative dedicated to centering conversations on the dynamics that trauma, poverty, food insecurity, shame, and weight bias play on food relationships. Adrienne combines her unique understanding of the complexities that influence systems change with expertise in community-driven engagement. She excels in facilitating collaborative policy and system change solutions to complex challenges to shape healthy communities. She is a social innovator fueled by a passion for advocacy and good food.



**Jaclyn Chamberlain, MPH, RDN, CSP**, is a native Arizonan with over a decade of experience working in public health at the state and local levels and in tribal communities. As the Director of Community Engagement for Pinnacle Prevention, Jaclyn's work centers on facilitating meaningful conversations, decision-making, and planning to optimize health outcomes. In this current role, Pinnacle Prevention has implemented the first statewide trauma-sensitive nutrition systems initiative dedicated to centering conversations on the dynamics that trauma, poverty, food insecurity, shame, and weight bias play on food relationships. Jaclyn offers extensive experience in tailoring training and engagement for a variety of audiences and integrating cultural considerations into well-rounded strategies for action. Jaclyn is fueled by laughter, love of food, and connection to others.