

# SNAP-Ed Curricula and Resource List Guidance

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1. All curricula and supplemental resources (materials and educational tools) used must focus on primary prevention and be consistent with the Dietary Guidelines for Americans and the USDA Food Guidance System.
2. Avoid the use of single lesson plans, curricula and supplemental resources that include:
  - brand names;
  - disparaging messages;
  - Medical Nutrition Therapy.
3. Contractors are allowed to purchase educational reinforcement items (ERIs - memorabilia, souvenirs, promotional items, incentives, and educational extenders) that coordinate with a nutrition message. Refer to Appendix J of the AZNN Policy and Procedure Manual for more details on SNAP-Ed-allowable ERIs.
4. ERIs may include:
  - nutrition or physical activity posters
  - physical activity brochures and newsletters
  - food models
  - tear pads
5. Physical activity and gardening are beneficial activities that can be used to support the core nutrition message of an activity, single lesson plan or curriculum.
6. The creation of a single lesson plan is allowable. Only resources from the SNAP-Ed Approved Resource List can be used to create a single lesson. All single lesson plans created by contractors must be reviewed and approved by a Registered Dietitian.
7. The creation of curricula is allowable. Only resources from the SNAP-Ed Approved Resource List can be used to create curricula. All curricula created by contractors must be reviewed and approved by a Registered Dietitian.
8. A. Any changes to the nutrition content or other modifications to lesson plans or curricula must be reviewed and approved by a Registered Dietitian.  
  
B. Single lesson plans and curricula may be shortened to meet time requirements.



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9. A. All recipes used must meet AZNN Nutrient Standards.
- B. Refer to the “Exceptions Guidance for Recipe and Nutrient Standards for Food Pantries, Commodities, and Emergency Food Programs” for use when offering recipes and lessons to complement these programs.
10. The creation of nutrition toolkits is allowable. Nutrition toolkits can be created using supplemental resources to enhance a nutrition message, lesson plan or curriculum. For instance, a MyPlate toolkit may include:
- a MyPlate lesson plan, newsletter or tip sheet
  - a MyPlate poster and pocket chart
  - Food models
  - Plate models of MyPlate
11. The ADHS AZNN team does not need to approve supplemental resources; however, when creating single lesson plans or curricula, contractors must only use the resources that are listed on the SNAP-Ed Approved Resource List.

