Combat Cross-Contamination
Get it straight—it’s safe to separate!

Cross-contamination is how bacteria can be spread. Improper handling of raw meat, poultry and seafood can create an inviting environment for cross-contamination. As a result, harmful bacteria can spread to food and throughout the kitchen.

Keep it Clean!
Watch those Juices!
Remember to spread the word—not the bacteria!

Separate. . .Don’t Cross-Contaminate

KEEP IT CLEAN!

Lather Up
Always wash hands with warm water and soap for at least 20 seconds before and after handling food and after using the bathroom, changing diapers and handling pets. Always start with a clean scene—wash cutting boards, dishes, countertops, and utensils with hot water and soap.

Take Two
Use one cutting board for fresh produce and a separate one for raw meat, poultry and seafood.

Clean Your Plate
Never place cooked food back on a plate that previously held raw meat, poultry, seafood, or eggs.

WATCH THOSE JUICES!

Safely Separate
Separate raw meat, poultry and seafood from other foods in your grocery shopping cart and shopping bags, and in your refrigerator.

Seal It
To prevent juices from raw meat, poultry or seafood from dripping onto other foods in the refrigerator, place these raw foods in sealed containers or plastic bags on the bottom shelf of the fridge.

Marinating Mandate
Sauce that is used to marinate raw meat, poultry or seafood should not be used on cooked food unless it is boiled first.

• If you have questions or concerns about food safety, contact:
• The U.S. Department of Agriculture (USDA) Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854). TTY 1-800-256-7072.
• The Fight BAC® Web site at www.fightbac.org.
• Gateway to Government Food Safety Information at www.foodsafety.gov.

The Partnership for Food Safety Education is a non-profit organization and creator and steward of the FightBAC® consumer education program. The Partnership is dedicated to providing the public with science-based, actionable recommendations for the prevention of foodborne illness.

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