WORD PLAY

Five activities are missing in the boxes below. Find out what they are by adding the images next to each box.

For example: 🛍️ + 🏀 = Basketball

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**J** __ __ __ __ __ __

This activity gets your heart pumping and your legs jumping. Plus it can be played alone or with friends!

*How many can you do?*

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**L** __ __ __ __ __ __

This activity is made for playing with friends. Use your hands for balance when you jump and for safety when you kneel on the ground.

*How many can you do?*

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**W** __ __ __ __ __ __

This activity is good for you and your furry friend. It gets your legs moving and your pet’s tail wagging.

*Have you done this today?*

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**P** __ __ __ __ __ __

**U** __ __ __ __ __

**Y** __ __ __

This activity gets your body moving and your room clean. Make a game to see how fast you can go!

*Have you done this today?*

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Visit [EatWellBeWell.org](http://EatWellBeWell.org) for more ways to add play into your day.