Maze to a Healthy Plate
Help the vegetables and fruits find their way to the plate in the center of the maze!

For healthy vegetable and fruit tips and games, visit: EatWellBeWell.org

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, in Maricopa County call 602-542-9935, outside of Maricopa County call 1-800-352-8401. This institution is an equal opportunity provider and employer. This material was federally funded by USDA's Supplemental Nutrition Assistance Program – AZNN 9/14.